

Thursday March 21 | Day 5

MEDAL CEREMONY

Hour	Event	Cat.
11:00	Javelin Throw	W85
11:05	Shot Put	W75
11:10	60m	M70
11:15	60m	M65
11:20	60m	M60
11:25	60m	M55
11:30	60m	M50
11:35	60m	M45
11:40	60m	M40
11:45	60m	M35
11:50	Triple Jump	M70
11:55	Triple Jump	M80
12:00	Triple Jump	M85
12:05	Discuss Throw	M45
12:10	Hammer Throw	M60
12:15	Pole Vault	M35
12:20	Javelin Throw	W80
12:25		
12:30		
12:35		
12:40		
12:45		
12:50		
12:55		
13:00		
13:05		
13:10		
13:15		
13:20		
13:25	Discuss Throw	M50
13:30	Hammer Throw	M65
13:35	Pole Vault	M40
13:40	Javelin Throw	W75
13:45		
13:50		
13:55		
14:00		
14:05		

14:10		
14:15		
14:20		
14:25		
14:30		
14:35		
14:40		
14:45		
14:50		
14:55		
15:00		
15:05		
15:10	Pentathlon	M75
15:15	Pentathlon	M80
15:20	Pentathlon	M85
15:25	Javelin Throw	W65
15:30	Hammer Throw	M70
15:35	Discuss Throw	M55
15:40		
15:45		
15:50	800m	W75
15:55	800m	W80
16:00	Pole Vault	M45
16:05	Triple Jump	W35
16:10		
16:15	800m	W70
16:20	Hammer Throw	M80
16:25	Hammer Throw	M75
16:30	800m	W65
16:35	800m	W60
16:40	800m	W55
16:45	800m	W50
16:50	Javelin Throw	W70
16:55	Weight Throw	M35
17:00	Pentathlon	M70
17:05		
17:10	800m	W45
17:15	800m	W40
17:20	800m	W35

Thursday March 21 | Day 5

17:25	Triple Jump	W40
17:30	Hammer Throw	M85
17:35	800m	M85
17:40	800m	M90
17:45	800m	M80
17:50	800m	M75
17:55	800m	M70
18:00		
18:05	Weight Throw	M40
18:10	800m	M65
18:15	800m	M60
18:20	Pole Vault	M50
18:25	800m	M55
18:30	800m	M50
18:35	800m	M45
18:40	800m	M40
18:45	800m	M35
18:50	Triple Jump	W45
18:55		
19:00		
19:05		
19:10		
19:15	Pentathlon	M65
19:20		
19:25		
19:30	Triple Jump	W50